

May | 2022

# Elementary School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,  
learn better!

Students can choose  
from hot & cold  
entrees, fresh fruit,  
100% juice, and skim  
or low-fat milk to  
start the day right!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>3 Cinnamon Glazed Pancakes Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>4 Mini Waffles with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>5 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>6 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>9 Steak Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>10 Pancake &amp; Sausage on a Stick Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>11 Mini Pancakes with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>12 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>13 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>16 Sausage Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>17 Cinnamon Glazed Pancakes Muffin with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>18 Mini Waffles with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>19 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	<p>20 Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>
<p>23 Steak Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>24 <b>Schools Closed</b> <b>Remote Learning Day</b> Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>25 Mini Pancakes with Sausage Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit</p>	<p>26 French Toast Sticks Cereal Bar with Yogurt 100% Fruit Juice Assorted Fresh Fruit</p>	

daily assorted milk • daily fresh fruits  
100% fruit juice

locally sourced ingredients offered regularly

**daily vegetarian option**

**Breakfast  
Price**

Student: FREE

Adult: \$1.60



This institution is an equal opportunity provider.

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# Elementary School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

## Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Chicken Alfredo Pasta with Texas Toast MorningStar Chik'n Nuggets with Texas Toast Cheese Pizza Pack Pack Pal Baby Carrots Tater Tots</p>	<p><b>3</b> Spicy Sichuan Chicken with Brown Rice Burger Hummus Bento Box • Pack Pal Signature Side Salad Edamame Succotash</p>	<p><b>4</b> Crispy Chicken of the Day with Roll Mini Corndogs Yogurt &amp; Cheese Pack Pack Pal Baby Carrots Sweet Potato Waffle Fries</p>	<p><b>5</b> <u>NACHO Average School Lunch:</u> <u>Cinco De Mayo Celebration</u> Nachos Cheese Quesadilla Turkey &amp; Cheese Wrap Pack Pal Signature Side Salad • Black Beans Chocolate Chip Cookie</p>	<p><b>6</b> Classic Pizza Slice: Cheese Crispy Cod Nuggets with Mac &amp; Cheese Mac &amp; Cheese Jamwich Pack • Pack Pal Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p>
<p><b>9</b> Pancake &amp; Sausage Griddle Popcorn Chicken with Breadstick Cheese Pizza Pack Pack Pal Baby Carrots Smiley Fries</p>	<p><b>10</b> General Tso's Chicken with Brown Rice Turkey &amp; Cheese Croissant Yogurt &amp; Cheese Pack • Pack Pal Signature Side Salad Steamed Broccoli</p>	<p><b>11</b> Tomato Basil Soup with Grilled Cheese Steak Sliders Grilled Chicken Chef Salad Pack Pal Baby Carrots Seasoned Green Beans</p>	<p><b>12</b> Crispy Chicken of the Day with Roll Mozzarella Cheese Sticks Turkey &amp; Cheese Lunchbox Buddy Pack Pal Signature Side Salad Baked Beans Chocolate Chip Cookie</p>	<p><b>13</b> Classic Pizza Slice: Cheese Filet of Fish Sandwich Mini Pepperoni Calzones Jamwich Pack • Pack Pal Carrot, Cucumber &amp; Cherry Tomato Mixed Veggies</p>
<p><b>16</b> Veggie Lasagna with Breadstick Steak Sliders Turkey &amp; Cheese Wrap Pack Pal Baby Carrots Tater Tots</p>	<p><b>17</b> Teriyaki Chicken with Brown Rice Burger Cheese Pizza Pack • Pack Pal Signature Side Salad Peas &amp; Carrots</p>	<p><b>18</b> Nachos Hot Dog Black Bean Taco Salad Pack Pal Baby Carrots Black Beans</p>	<p><b>19</b> Crispy Chicken of the Day with Texas Toast Mini Cheese Calzones Yogurt &amp; Cheese Pack • Pack Pal Signature Side Salad Sweet Potato Waffle Fries Chocolate Chip Cookie</p>	<p><b>20</b> Classic Pizza Slice: Cheese Crispy Cod Nuggets with Mac &amp; Cheese Mac &amp; Cheese Jamwich Pack • Pack Pal Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p>
<p><b>23</b> Chicken Taquito Cheese Pizza Pack • Pack Pal Signature Side Salad Steamed Broccoli</p>	<p><b>24</b> <b>Schools Closed</b> <b>Remote Learning Day</b> Jamwich Pack Baby Carrots</p>	<p><b>25</b> Chicken Filet Sandwich Yogurt &amp; Cheese Pack Pack Pal Baby Carrots Baked Beans</p>	<p><b>26</b> Classic Pizza Slice: Cheese Turkey &amp; Cheese Lunchbox Buddy Pack Pal Carrot, Cucumber &amp; Cherry Tomato Steamed Corn Chocolate Chip Cookie</p>	

**Lunch Price**  
Student: FREE  
Adult: \$3.45

Daily offerings: assorted milk • assorted fresh fruits & veggies •  
vegetarian options

locally sourced ingredients offered regularly